Populations caught up in war naturally want it to stop, they want to live in peace, governed by themselves, safe, secure and with the prospects of a better future!

Religions around the world aim for the individual to achieve a sence of inner peace that can hopefully turn into world peace by them contributing more to society. Two Religious traditions that deal with inner and world peace are Christianity and Hinduism. Both religions state that through achieving inner peace, a person can then go onto achieving world peace. It is only when a person achieves inner peace that they can be at 'home' within themselves and achieve world peace. There are many ways in which a person can achieve peace such as meditation, public and private prayer. Both Christianity and Hinduism are finding ways to achieve world peace and promoting world peace through organisations and attending conferences to do with achieving peace.

Hinduism has the main belief that a person is at peace when they find inner peace. The main concept of Hinduism is inner peace, it is when a person is at peace with themselves they are able to achieve world peace. The main way a person can achieve inner peace within Hinduism is through meditation. Hinduism teacher that all living things are of importance and equalness and that you are not to harm any living creature if you want to achieve peace. The main Holy text of Hinduism is the Baghavad Gita, which contains peace quotes throughout the book and the way it can be achieved i.e through spirituality etc. People that live in Harmony with the world around them are able to achieve inner peace. Hinduism is trying to promote world peace within their religion by attending

World peace conferences and taking part in World peace Day.

In the Bible, the New Testament, it promotes peace in ~~many~~ many ways by giving quotes such as 'love your enemies' - Matthew 2:18. Christians are able to achieve inner peace through many ways, as are Hindus, they can achieve inner peace by means of daily prayer both privately and publicly. Christian church groups are also getting involved in world peace organizations such as ~~amen~~ amnesty international and world peace Day.

Both religions aim to promote world peace and as the quote says 'populations caught up in war naturally want it to stop, they want to live in peace'. World peace Day promotes this as people fighting in wars ever stop. Hinduism focuses more on. inner peace, achieving this means you have achieved peace throughout the world and yourself. Christianity promotes peace throughout the world and Both are contributing to the world and individuals to the issue of inner and world peace.