

Peace is more than just the absence of hostility, in Islam and Christianity it teaches and portrays peace as ~~a~~ of great importance. This is reinforced in the quote from General Peter Cosgrave, where peace envelops not only the ~~absence~~^{absence} of war but with better prospects and outlooks along with security and peace of mind.

Christianity teaches of the workings of ~~the~~ Jesus who was the perfect role model for peaceful attributes, and Christianity teaches in all denominations to lead a life as closely ~~to~~ to Jesus as possible. Christianity having a major influence on the adherents this religious tradition helps promote both inner peace and world peace. Jesus taught about ~~the~~ what is known as the beatitudes in which he states "Blessed are the peacemakers for they will be the children of God" this is a strong and distinctive view on peace in Christianity in which the Christian denominations aspire to lead a peaceful life.

Islam's core teachings is revolving around the 5 pillars, which all relate to finding inner peace with yourself and Allah then going to find world peace after you have attained inner peace.

~~Shahada~~ Shahada - The declaration of love for Allah, this relates to ~~is~~ peace, because Allah is the almighty Peace maker and being closer to Allah will help you become closer to peace. "There is one God and Mohammad is his prophet".

Salat - The 5 daily prayers, which correlates to recognition of Allah's greatness and finding peace within ~~yourself~~ and Allah.

Zakat - Charity. This charity is to help those less fortunate and to close the gap between the ~~the~~ socioeconomically disadvantaged to help them find peace among the world.

Sawn - Fasting. This happens in the month of Ramadan in which ~~they~~ they recognise the hungry and homeless and to break down the social hierarchy of higher class, middle class and working class.

Hajj - Travelling to Mecca, this trip is mandatory for every Muslim once in their lifetime as it is essential to helping one find inner peace

within yourself ~~in which~~ then to further help and
help within ~~the~~ finding world peace. The
whole trip is based around equality; everyone
dressed in Ihram etc.

This key aspect of Both religions;
Christianities main teachings and
Islam core belief tradition comes
down to finding inner peace & spreading
~~one~~ once attained to spreading that
to find world peace to create an
environment where ~~the~~ humans ^{will} ~~be~~ live in
peace, governed by themselves, safe, secure
and with the prospects of a better future."

-General Peter Cosgrove.