

Buddhism and Islam are both religions of inner and outer peace. Buddhism is mostly a religion of inner peace but they do not believe in war and they want the world to also be at peace with one another. The Dalai Lama has travelled around the world to meet with other religious denominations. This has allowed them to be at peace with them and has allowed them to work together to try and solve occurring problems. Just like Buddhism, Islam is a religion of inner and outer peace, they also do not believe in war. The media depicts Islam as a violent religion because of terrorist attacks such as 9/11 and the Bali Bombings. This has not made it easy for them. These religions want a better and a more peaceful society to live in and they do not want to live in fear of war and death in their everyday lives. They do not want future generations to be at war with one another. They want equality between all people.