

Buddhism is considered to be one of the most peaceful religions throughout history. A Buddhist life is not controlled by consumeristic goods and items, a buddhist simply lives by 5 moral precepts, the 8 fold path and the 4 noble truths. Allowing the buddhist to live a simple life without the needs of material goods.

Buddhists are not controlled by the consumeristic world because they do not live on desire due to desire being suffering (4 noble truths). A buddhist learns that they must only take what they require from nature in order for there to be enough for everyone to survive. This is identified in the 5 moral precepts, which illustrates that one must not take unless it is required.

Buddhists do not believe in using violence in order for them to retrieve what they have lost or desire. Instead they confront ~~issues~~ issues in a peaceful manner. This is evident in modern times when the Chinese government invaded

Tibet in order to expand and to test nuclear weapons on the land. The XIV Dalai Lama did not use violence to regain Tibet, instead he simply exiled ~~himself~~ to India with 80,000 other Buddhists. These actions highlight the simple nature Buddhist have and their hesitation to "harm any ~~sentient~~ sentient being".

The 8 fold path is an important aspect of Buddhism because it illustrates that the wrong doing of one person is able to have a negative impact on others within the community. Right speech is important because if one speaks falsely of others it ~~can~~ has a negative affect on those who they speak falsely of and reflects back on the individual. This can damage an individual's journey to Nivana and bring upon bad karma for the next generation.

The treatment of nature is essential in Buddhism due to ~~the~~ Karma. As the 5 moral precepts illustrate "Do not harm any sentient being". If the individual follows these ~~five~~ laws

good Karma occurs for the individual and the community of the next generations. If the individual fails to follow these laws bad Karma will come upon them or could have a later impact on the next generations.

Therefore, through the emphasis of the quote "Buddhist just go simply" is illustrated through the 8 fold path, 4 noble truths and the 5 moral precepts, which outline the peaceful nature of a Buddhist and the affects of Karma that can ~~not~~ ~~not~~ occur in the next generations. It also is emphasized by the Buddhist living simply and not taking what they desire and only what they require.