Islam and Christianty both have the same understanding of peace, but each religion goes about acheiving it in different ways due to their scared texts. Islam has teachings from the Qur'an and the Hadith about peace, while Christianity has teachings from the Bible. Both religion texts talk about inner peace, and how inner peace must be achieved before world peace can be achieved.

Christianty has many teachings in the Bible for inner peace. For example Pax Christi which means peace of Christ should be something each christian should achieve. This means they should be peace of mind, peace of heart, and peace of head. A Christian should acheive all of

these things to start to become at peace within themselves. Christians should attend group retreats and have discussions with other Christians to start to become at peace within themselves. One teaching that Jesus taught was the Great commandment "Love God above all and no other gods, and love your neighbour as yourself." This is known to all Christians and when they apply it to there lives they will start to feel at peace within themselves. Jesus, in the Bible, used the word shalom as a greeting that meant peace this is important as the use of it wishes peace upon other people.

In Islam the word "Islam" means peace. Just like Christianity Muslim's need to achieve inner peace before they can achieve world peace. Inner

for Muslims is described as "greater jihad" as it is a greater struggle within themselves to become at peace within. The "lesser jihad" is know as world peace.

Once ~~these religions~~ you have acheived inner peace, they must help to acheive world peace. Both religions have initatives to help with the growing violence and intolerance in# the world. Christian initative is known as The ~~Dragtous~~ ~~tha~~ Decade to overcome violence and ~~inter denomination~~ it consists of all christian denominations working together to overcome the violence in this decade. They plan to improve the community and society as a whole with this initative.

The Islam initative is an interfaith dilouge including Muslims, Jews, and Christian schlors coming together to let people know about real Islamic tradition and religion not the one that is ~~persse~~ perceived by the media.

These scared text explain to their believers how they should try to acheive peace. For the Muslim community it is the Qur'an and the Hadith but for the Christian community it is the Bible, ~~and~~ the Ten Commandments and the Beautudes. Through these texts the believers follow what it says to achieve peace within themselves and then spread it to where they can.