

Start here.

a) Work: Can be paid or unpaid.
- This ~~may~~ may be defined as the time in which an individual spends described as labour either in exchange for money or other resources.

Leisure - The time away from work and sleep spent ~~away~~ occupying the individual by activities of their choice.

May be passive - eg. watching a sporting event
or Active - eg involved - Participating in a sporting team.

b). Technology has contributed to changing patterns of leisure greatly. With the introduction of technological developments there has been a drastic change in leisurely activities today as opposed to that of the kind participated in 30-40 years ago.

When studied, leisurely activities in the past were a lot more active but in our society today it is clear that the leisure activities in which people are immersing themselves in are a lot more passive. Technology has made this change possible with examples like ipods. People no longer need to go to concerts to ~~hear~~ hear their favourite artists new songs, they are able to download full albums to their ipods creating

what was once active leisure, ~~passive~~ shift to passive.

Technology has inserted itself into almost ~~every~~ every aspect of leisure.

People are able to have unlimited access to any amount of leisurely resources shifting towards passive and moving away from the active side that was pre-technological influence.

Additional writing space on back page.