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QUESTION 30 - IMPROVING PERFORMANCE

a) i - A benefit of drug testing is it can be carried out at any point in time at any place.

A limitation of drug testing is that new drugs are being made yearly, so they have to continuously update their research to know what and how to test for different drugs.

a) ii - The use of performance enhancing drug is considered unethical in sport for various reasons.

There are numerous drugs that offer benefits for strength eg. human growth hormone, anabolic steroids ; for aerobic eg. EPO (erythropoietin) , and to ~~make~~ ^{make} other drugs eg. diuretics, alcohol. These drugs are designed to enhance performance specific to the activity you do. However the use of ergogenic aids is illegal, and offers an unfair advantage over opponents. They enable athletes to excel in competition eg. the use of EPO enhances the athletes stamina and therefore benefits them in endurance ~~events~~ ^{events} such as a marathon. It is for this reason, the use of performance enhancing drugs is considered unethical. It tarnishes the reputation that sport is based on natural ability. This unfair advantage over others leads to many other issues to arise.

By using performance enhancing drugs,

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athletes may gain undeserved sponsorship or endorsements. This boosts their profile as an athlete and their income, however is achieved illegally. This results in athletes who are abiding by the sports regulations and rules not to be accurately rewarded. This raises ethical issues, as sport is questioned to be based on individual natural ability. ~~The~~ The sponsorship gained increases their fame as an athlete, and is considered unethical if obtained from using performance enhancing drugs.

These are the reasons why the use of performance enhancing drugs are considered unethical in sport.

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