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(b) In promoting safe participation and viewing of sport the rules and proper environmental considerations must be addressed.

Rules are essential in promoting safe participation without specified rules ~~and~~ and an umpire or referee to enforce the rules then danger could be used likely occur. For example in rugby if no rules were imposed about the nature of tackling, such as head high and spear tackles then safe participation would be in question ~~and~~ injuries such as neck and back pain would regularly surface. Again in soccer the policy that if you do not wear shinpads ^{or other protective material} then you can't play is ~~imposed~~ enforced for the players safety. The proper training of the official of the game is important as to ensure all the proper safety policies are applied to the parameters of the game so safe participation in the sport is achieved.

The proper size and maintenance of the environments in which the sport is played is similarly vital in the safe participation. For example prior to a hockey match the ~~to~~ field should be checked for any unusual objects such as sticks or potential dangerous glass to avoid lacerations or other avoidable injuries.

Alternatively the maintenance of arenas such as basketball courts is important in permitting

Safe participation. The fiber boards must be routinely checked to avoid loose and potential dangerous wood flying up. So to must the hoops for strength as dunking could cause a loose hoop to snap and cause serious injury to the athlete.

In accordance the equipment being used must be in good condition for safe participation. For example in archery, if the bow's wood is old and ~~is~~ rotting then backfires and skewed aiming can occur causing serious injury to the user and the surrounding environment. Again in the hammer throw. Unless the chain is well maintained or routinely ~~checked~~ checked & changed serious deviations from safe sporting practices can occur. If ball comes off mid swing, it can cause serious internal bleeding and nerve fractures. Here the equipment must ~~be~~ not be outdated. Clearly sports policy & a well maintained sports environment and equipment must be upheld in order to ensure safe participation.

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