

(ii) Young people incur major health issues and as a result protective factors must be used to reduce and diminish health issues.

Protective factors for sexual health include;

- o Increased education of contraception methods.

This will decrease the transmission of diseases and decrease abortions and pregnancy.

- o Safe sex practices - the performance of safe sex practises will mean

Additional writing space on back page.

the decrease in disease ^{of} pregnancy ~~can~~:

- not taking part in sexual practices will mean there is no risk of disease and can ensure good health.

Body image;

- having realistic role models will increase self esteem and positive self thought which will decrease diseases such as anorexia and bulimia
- use of dietitians - they will be able guide and help make informed decisions about weight and appropriate techniques to attain a better body image

You may ask for an extra Writing Booklet if you need more space.