

- (b) Argue the benefits of applying the Ottawa Charter to ONE health promotion initiative.

Applying Strengthening Community Action to the initiative Closing the Gap may benefit Aboriginals for a short period of time because the information is new to them and they have an understanding of what is good or bad for them such as maintaining a healthy diet eating fruit and vegetables instead of junk food, but their socioeconomic status is very low so they won't always be able to buy fresh produce to keep up a healthy diet. Educating Aboriginals on the benefits of living a healthy lifestyle will help increase their life expectancy but the funds will have to be greater from the government to also educate them on the damages that smoking drugs and drinking will have on their body. The benefits of applying Strengthening community action will help for a period of time but it won't increase their life expectancy or help with their health inequities.

End of Question 22