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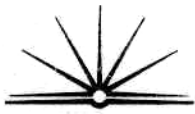
a) A coach can evaluate skill instruction in many ways. The easiest being asking the players to show him/her the skill.

The instruction of a skill involves breaking the skill to certain areas. For example kicking a football involves dropping the ball in the right place, timing the foot coming through, kicking the ball on the 'laces of your boot' and the follow through.

It is rare that an entirely new skill has to be learnt. When kicking a football dropping the football in the right place can be picked up quickly as it is a skill most people can do.

The coach can evaluate the learning on how quickly the skill progresses as well as the correctness of technique. If the skill is failing but the majority of the technique is good then the instruction is effective because it will take little work the next time to improve the performance.

Initially, if the players don't understand then the instruction



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a)

Isn't basic or clear enough. If this is the case then the coach needs to re-evaluate his skill instruction techniques.