



b)

- * Developmental stage - young people mature at different rates, so they ~~base~~^{are} at different developmental stages, which may ~~cause~~^{mean} some people are more stressed than they can handle.
- * Motivations - young people have different motivations in life which means they live differently - some may be more physically active.
- * Values - young people have different values which means they focus on different things. While some this might mean healthy lifestyle is valuable, others it may not.
- * Sociocultural background - different cultures live differently. Some cultures don't like to use health services as much, some fast for religious reasons.
- * Influence of family - the family may influence the young person to live a healthy lifestyle with a good diet, active physically. Whereas others may not have this influence.