

Q23. The Health of young people.

b) The diverse nature of young peoples lives affects their health status in several ways. Some young people live in isolated places, which may play an important role in their health status due to lack of facilities.

The culture, and religions of the youth also affects their health status in several ways. The traditional foods in some countries sometimes do not meet the need requirement of the five food groups, such as dairy products, vegetables, meats and poultry e.t.c. This ~~go~~ could impact

on the health of young people. For example:-
A lack in calcium can result in diseases such as osteoporosis, a bone condition due to insufficient calcium.

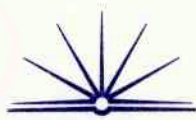
For the youth who lead lifestyles with a **socioeconomic disadvantage**, this could impact greatly on their health.

With a lack of money, this will lead to lack of food, and supplies need to attain good health.

Lack of money also means no money for **medical treatments**, or to pay to go to hospital if ever needed.

Money plays an extremely important role in affecting the health of young people.

For the youth who ~~are~~ were **born overseas**, and have a **Non-English Speaking Background**, this plays an important role in the upkeep of health. It would be extremely difficult to



explain to a doctor how you are feeling
inside e.t.c for someone who doesn't speak
english. It would also be difficult for the
doctor to issue medicine out to a patient,
when the instructions towards the health
of the patient is unclear.