

## Question 21 (continued)

- (b) Discuss how the creation of supportive environments is used to manage the health of Australians.

6

A good example of creating supportive environments is the introduction to 'safe havens'. Community participation is needed when a supportive environment is created. 'Alcoholics Anonymous' is an example where alcoholics and their families go to deal with the effects that alcohol has on them. This is a program that helps alcoholics and their families to come to a group session and talk about their problems. It helps to have a new perspective for some people. They are mostly run by counsellors who have specialised in that area. 'Narcotics Anonymous' is another group counselling session but drug users attend this, people who are addicted to drugs & their families. Australians need to know that there is someone there to help when they need it. So by creating supportive environments Australians live better lives knowing that they exist.

Question 21 continues on page 11